



	2022-2023
	8 WEEK SESSION
	SCHEDULE

CLASS OFFERINGS

4:30-5:00 pm

- Pom Team Prep
 - ages 12 and up
- Mommy and Me Dance
 - ages 1-3

5:00-5:45 pm

- Ballet/Jazz Level 1*
 - ages 4-8
- Jazz/Hip Hop Level 2**
 - ages 9-13

5:45-6:30 pm

- Ballet Level 2
 - ages 9-13

SESSION DATES

Fall Session:

Mondays:

Sep. 12 - Nov. 14

*no class on 10/3 or 10/10

Spring Session:

Mondays:

Jan. 23 - Mar. 27

*no class on 2/20 or 3/13

**Additional workshop
options TBA**

All classes take place on Mondays at ALA Ironwood, in the Dance Rooms on the north side of campus.

850 W Combs Road - Queen Creek, AZ

ironwooddanceaz.com | ironwooddance@gmail.com



**\$80 for each 8-week session
or \$12 per single class**

Payment accepted as cash or check to Ironwood Dance Academy

FREE registration and trial classes

Parent showcase takes place on the last day of session

CLASS DESCRIPTIONS:

Pom Team Prep: Become dance team ready with this high-energy class! Students will learn a variety of jumps and turns, along with pom and cheer arm motions and routines. Skills will build into advanced Pom movements that are seen at the high school level. We will incorporate the use of proper pom motion technique that is sharp, clean, and precise while incorporating other dance styles including jazz and hip hop.

*Black or tan jazz shoes are recommended for this class. Students may also wear turners or go barefoot.

Ballet/Jazz Level 1: This combination class is ballet-based with formal training at the barre and center. Students will learn elements of ballet, including proper alignment, graceful lines, and technique. They will also learn the sharpness and unique styles of modern jazz dance. Combinations in both genres are given each week.

*Pink ballet slippers are recommended.

Jazz/Hip Hop Level 2: This class is high energy, challenging and fun, blending a variety of hip hop style and jazz technique. Our choreography and combinations are heavily influenced by the beats, tones, and lyrics of the music, while still encouraging students to add personality and individuality to their dancing. Students will learn the sharpness and unique styles of modern jazz dance, and a blend of current hip hop technique.

*Black jazz shoes are recommended.

Ballet Level 2: This is a technique-based class with formal training at the barre and center. Students will learn the elements of ballet, including proper alignment, strength, discipline, graceful lines, and terminology. This Level 2 class focuses on flexibility, more advanced turns and movement, and ankle/leg strength as students progress in their ability. Training is individualized, so students with more experience will be challenged appropriately.

*Pink ballet slippers are recommended.

Mommy and Me Dance: This fun and upbeat class is attended with one caregiver over the age of 18. We will teach your child fundamental dance skills and techniques while focusing on rhythm, counting, creative movement, coordination, and following directions. We will introduce your child to a variety of dance styles and develop physical skills, providing a great foundation for future classes. This class will be a fun bonding experience!